

Date 17.02.2026

Title of workstream: Mental health and wellbeing related to social inclusion, and supportive networks

- Objective: Improving the mental health of our local population by promoting and facilitating community-based offers that support inclusion, connectedness

Reporting Project (governance)	Project KPIs and Targets	Update	Next steps	PLUS Groups - SMI - LD - Homelessness - Care experienced young people	Risks and mitigations	RAG for period	Outcomes Contributing to RAG Rating
<p>Neighbourhood Mental Health Cafés</p> <p><i>LLR Mental Health Collaborative</i></p>	<p>Case studies demonstrating impact. Quality review of individual cafes.</p> <p>Healthwatch ‘Enter and View’ Report completed and published. High level findings include;</p> <ul style="list-style-type: none"> • Consistently positive picture of warm, welcoming spaces offering emotional and practical support. 	<p>Monthly data and case studies collated. Reviews of individual cafes ongoing.</p> <p>City: Apr to Dec 2025 X8 VCS Orgs providing cafes X19 café sessions per week across Monday to Sunday Total contacts: 3,397 Total new users: 771</p>	<p>Complete review of cafes by November.</p> <p>Cafes are reviewed twice per year – completed.</p> <p>Webpage live for providers containing all policies and procedure documents for the cafes.</p>	<p>n/a</p>	<p>No risks</p>		

	<ul style="list-style-type: none"> •Café staff are widely praised for their compassion, active listening and knowledge of mental health needs. •The availability of one-to-one space was noted as particularly beneficial, giving individuals the privacy and time they needed to talk openly and feel heard. •Cafés are described by many people as a "lifeline" 						
<p>“Bringing People Together” Social Inclusion Programme</p> <p><i>Community Public Health Steering Group</i></p>	<p>Let’s Get Together (LGT)</p> <p>Offers a range of free activities in community buildings such as arts/crafts, walks, refreshments and gardening</p> <p>Maintain regular weekly health walks from community</p>	<p>Health Walks are well attended approx. 120 people a month attend health walks and around 18 people attend sociable strolls</p> <p>3 new health walks started last year</p> <p>Orchard Walks began last year and have been popular</p>	<p>LGT working group members working together to support active travel to undertake Sociable Strolls throughout the year and encourage social interaction afterwards with refreshments</p>	<p>All walks are risk assessed and accommodations made for individual circumstances where appropriate and possible.</p>	<p>LGT operates by close partnership working with other departments. Active travel organise sociable strolls – may be unable to continue this activity past Merch 2026 due to staffing and capacity issues</p>		

	<p>locations and encourage social interaction over refreshments</p> <hr/> <p>Warm Welcome to take place in all libraries between October and April</p> <p>An additional offer targeting people who may not use libraries</p> <hr/> <p>Let's Get Digital</p>	<hr/> <p>All libraries are offering Warm Welcome in 25/26</p> <p>A warm welcome operates in the community Hub in the Haymarket Shopping centre on Mondays from 2pm - 4pm as part of the 2025/2026 offer. Hosted by the PH team</p> <hr/> <p>280 people successfully completed the</p>	<hr/> <p>-</p> <p>Early planning for 26/27</p> <p>Explore possibility of working with the Haymarket in the future</p> <hr/> <hr/> <hr/>	<hr/> <p>-</p> <p>Warm welcome is open to anyone in the city. Anecdotal reports of homeless people participating.</p> <p>People attending the Haymarket centre include non-english speakers and elderly people.</p> <hr/> <hr/> <p>The team attend community locations and offer the course</p>	<hr/> <p>Potential changes due to the library consultation could have a detrimental impact.</p> <p>Being unable to find a suitable location for warm welcome within the Haymarket.</p> <hr/> <hr/> <p>Let's Get Digital is externally funded for 3 years from</p>		
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	<p>Sessions focusing on meeting health and social needs continue with regular activities and 'drop-ins' at several locations in the city. Public Health will fund the programme for another three years from April 2027.</p> <p>Let's Get from A to B (travel training online) has been added to the programme as an additional module. Target to enrol 200 people a term onto this module Enrol 240 people per term on the course Maintain 60% of successful attendees accessing follow on courses</p> <p>Work with 10 organisations per</p>	<p>course (Apr '24- June '25) 55% of people continued digital learning after these sessions accessing another course</p> <ul style="list-style-type: none"> • An additional module 'Let's Get from A to B' is due to start shortly. People will have support with finding information, planning journeys, using google maps and booking tickets online 	<p>Relaunch of LGD 2026 including full media campaign.</p>	<p>as people learn on their own devices.</p> <p>Targeted work with social housing tenants and people with poor mental health started in January 2026</p>	<p>April 2026 after which time the programme is at risk unless an alternative source of funding is found.</p> <p>Relaunch media campaign needs to be thorough.</p>		
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	<p>annum offering LGD at their sites</p> <p>-----</p> <p>Let's Get Active (contracted service) establish weekly physical activity sessions operate in 5 locations across the city</p> <hr/> <p>Let's Get Growing (Contracted) Increase number of community food growing plots at allotment sites</p> <p>Increase access to food growing through the seed library and other initiatives</p>	<hr/> <hr/> <p>Provider is achieving targets, seeing around 35 people a month. Of which 25% are from priority groups</p> <hr/> <p>Provider is achieving targets</p> <p>Contract up for recommissioning procurement in April 2026</p> <p>The Leicester and Rutland TCV project has been assisting Let's Get Growing by using Leicester community food</p>	<hr/> <p>Explore options for reprocurring the contract after the pilot period.</p> <hr/> <p>Encourage community groups to take up community plots</p> <p>Continue to support school-based initiatives</p> <p>Encourage participation in the seed library and other initiatives</p>	<hr/> <ul style="list-style-type: none"> Identifying and supporting people who are not digitally literate. Increasing accessibility by working with VCSE providing courses in familiar locations increases participation. <p>Women only sessions are held weekly.</p> <hr/> <p>Promote growing sessions through CWC network</p> <p>Work with VCSE organisations to support more people from plus groups to access activities</p>	<hr/> <p>None at present time</p> <hr/> <p>TCV deliver community gardening at LCC owned sites, changes to the ownership/ opening times of sites may disrupt provision.</p> <p>Possibility of receiving no bids or low quality bids for the contract.</p>		
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	Support educational settings to access food growing	<p>growing sites to host corporate volunteering team days.</p> <p>Besides entry level courses TCV have provided a number of intermediate level courses and workshops tailored towards gardeners with existing experience, to allow community groups and individuals to develop their skills further in a supportive environment</p>	Support growing initiatives at the library and community centre				
	Community cooking sessions	Internal partnership between public health and adult learning offering free cooking skills courses in community locations, mainly hosted by VCSE organisations .	Sessions are dependent on short-term HSF funding- explore possibility of sessions continuing.	Sessions offered are targeted including young people, older people, people with mental ill health.	Funding is a risk.		

<p>Prevention Concordat for Better Mental Health</p> <p><i>Mental Health Partnership Board</i></p>	<p>Partnership Board receives reports to address health inequalities</p> <p>Mental health in all policies, such as access to green space, transport, leisure, arts, and culture</p>	<p>Various sources of information looking at addressing Health Inequalities as they pertain to Mental Health in Leicester:</p> <p>Mental Health and Wellbeing Survey on mental wellbeing in Leicester.</p> <p>Real Time Suicide Surveillance Data</p> <p>African Heritage Alliance report Black Mental Health and Me</p> <p>Poverty and Mental wellbeing: Foodbanks Plus</p> <p>Health Equity Audit by Leicester Counselling Centre</p> <p>Working with LLR Mental Health Collaborative, ICB, LPT,</p>	<p>Working with key stakeholders on</p> <p>Patient and Carer Race Equality Framework [PCREF]</p> <p>Raising awareness of suicide risk to MH Collaborative, the Partnership Board, Lead Member and ICB</p> <p>Procurement of Foodbanks Plus for people at risk of poor mental health linked to poverty.</p> <p>Mental Health Collaborative for work on Foodbanks and breast screening for cancer.</p> <p>Application submitted for a refreshed Joint Strategic Needs Assessment on Mental Health in Leicester. This has the support of the Mental Health Collaborative and the Partnership Board.</p>	<p>Patients and carers from minority ethnic backgrounds</p> <p>People resident in the most socioeconomically deprived areas of Leicester</p> <p>Women with a serious mental illness</p>	<p>Financial pressures on ICB has risk of sidelining the impetus to address health inequalities and the prevention agenda in favour of supporting services and a reactive approach.</p>		
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		Leicestershire County Council, on improved uptake of breast screening for women with serious mental illness.					
Joy platform rollout <i>LLR Mental Health Collaborative</i>	Quality Review of the impact of Joy including data, case studies and partner testimonies.	Work ongoing with social prescribers to collate data, case studies and testimonies.	Joy added to the agenda of Leicester City Learning Disability Partnership Board is on Monday 28 th April. <u>Easy Read poster</u>	n/a			
Mental Health Friendly Places <i>Leicester City Council - Public Health</i>	Case studies demonstrating impact Survey collating feedback from the Mental Health Friendly places to measure positive impact	230 organisations signed up to the programme across LLR. <ul style="list-style-type: none"> • 54 City organisations • 39 organisations that cover 	Develop more Mental Health Friendly Clubs by working with the local Football Association and Active Together and Sports and recreation team. Develop a business offer for Mental Health Friendly Places, to	n/a		Organisational capacity to enable training requires flexible offers	

		<p>LLR as a whole</p> <ul style="list-style-type: none"> • 16 mental health friendly clubs (city) <p>162 people trained in MH first aid aware in City and LLR organisations</p> <p>132 MH first aiders trained in City and LLR organisations</p> <p>30 people trained in Samaritans Listening Skills in City and LLR organisations</p> <p>22 people trained in Healthy Conversation Skills in City and LLR organisations</p> <p>30 people trained in Real Talk Suicide Prevention training</p>	<p>include bespoke training to fit with ways of working e.g. lunch and learn. Targeting support for small businesses, e.g. barbers, hairdressers</p> <p>Continue to offer bespoke training on men's mental health</p>				
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		<p>Ongoing work with FA around 'Mental Health Friendly Clubs, my space my game' to train committee members and welfare leads of 5 clubs. Current City clubs trained are Friar Lane and Epworth FC, GNG FC and AFC Andrews all will be delivering football sessions in the coming months.</p> <p>Mental Health Friendly Clubs launched summer 2025. 16 MHFC's so far in the City. Working in partnership with Active together to host information webinars for clubs. Sporting clubs being targeted to offer mental health training to support adults attending and can be signposted on</p>				
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		<p>to further support if needed to local services.</p> <p>Together For Men conference hosted in Nov 2025 at Leicestershire County Cricket Ground. Over 100 MHFC's, MHFP's and professionals attended. Talks were given from key services that support men and their mental health alongside stalls showcasing their offers of support.</p> <p>Mental Health Friendly Places and Clubs now have social media platforms on facebook and Instagram to encourage sign ups to the programme and promote the work of mental</p>					
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		<p>health friendly places and clubs.</p> <p>Working with partners at LPT to roll out trauma informed care training for personality difficulties through mental health friendly places platform.</p>					
<p>Getting Help in Neighbourhoods Projects</p> <p><i>LLR Mental Health Collaborative</i></p>	<p>Quarterly case study theming takes place to demonstrate the impacts and outcomes of the GHiN projects.</p>	<p>Monitoring of the scheme has been undertaken by the Mental Health neighbourhood leads.</p> <p>An online Provider meeting has been established which focuses on key and essential developments and information to maintain high quality provision across the GHiN projects.</p>	<p>Grant agreements to be negotiated for 26/27 once budget agreed by ICB.</p>	N/A	<p>At present no risks identified.</p>		

		A coproduction group has been established to increase the number of organisations informing developments, such as improving outcomes recording using recognised evidence-based tools.					
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